

NOVEMBER

Pinellas County Elementary School Lunch Menu

Fun Fact!

91% of Americans eat turkey on Thanksgiving!



DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast.

Must choose at least 1: Fruit or Juice.

May choose 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruit & veggies with lunch meal)

May Choose 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Also available for lunch daily:

Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday

All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!

5 Eggo Mini Confetti Pancakes

Choose One:
Breaded Chicken Sandwich
Loaded Beef & Cheese Nachos
Fruit & Yogurt Plate
Bologna & Cheese Sandwich
Choose: Santa Fe Black Beans
Fresh Veggie Dippers

12 Maple Pancake Minis

Choose One:
Hamburger or Cheeseburger
Chicken & Broccoli Penne Alfredo w/ Breadstick
Fruit & Yogurt Plate
Bologna & Cheese Sandwich
Choose: Sliced Carrots
Fresh Veggie Dippers

26 Pancake Pup

Choose One:
Chicken & Waffle
Cheesy Bread
Fruit & Yogurt Plate
Bologna & Cheese Sandwich
Choose: Sweet Green Peas
Marinara Cup
Fresh Veggie Dippers

Tuesday



6 Egg & Cheese Croissant

Choose One:
Featured Entrée:
Bean & Cheese Chalupa & Fiesta Rice
Grilled Cheese Sandwich
Farmers' or Apple-A-Day Salad
PBJ Jamwich Kit
Choose: Tomato Soup
Romaine Side Salad

13 Breakfast Sandwich (Egg/Ham/Chs)

Choose One:
Thanksgiving Holiday Meal
Sliced Turkey w/ Dressing, Gravy & Roll
Bean & Cheese Burrito
Farmer's Salad • PBJ Jamwich Kit
Choose: Mashed Potatoes • Sweet Potatoes • Green Beans
Romaine Side Salad • Holiday Cookie

27 Scrambled Egg, Bacon, & Biscuit

Choose One:
Featured Entrée:
Stuffed Crust Cheese Pizza
Corn Dog
Farmers' or Apple-A-Day Salad
PBJ Jamwich Kit
Choose: Country Baked Beans
Romaine Side Salad

Wednesday



7 Cinnamon Roll

Choose One:
Teriyaki Beef Dippers over Rice or Lo Mein Noodles
Chicken Nuggets w/ Dip Cup
Yogurt & Fruit Parfait
Ham & Cheese Croissant
Choose: Sliced Cucumbers
Steamed Broccoli Florets

14 Chicken Biscuit

Choose One:
Chicken Tender Basket w/ Crinkle Oven Fries
Macaroni & Cheese
Yogurt & Fruit Parfait
Ham & Cheese Croissant
Choose: Sliced Cucumbers
Spinach or Collard Greens

28 Glazed Dunker

Choose One:
Chicken Drumstick w/ Hush Puppy
Pasta with Meatballs & Sauce
Yogurt & Fruit Parfait
Ham & Cheese Croissant
Choose:
Steamed Broccoli Florets
Sliced Cucumbers

Thursday

1 Bacon, Egg & Cheese Pizza

Choose One:
Beef Rib B Q Sandwich
Cheese Stick & Toasted Ravioli Boat
Chef Salad
Chicken Caesar Wrap
Choose: Marinara Cup
Sweet Potato Waffle Fries
Leafy Green Side Salad

8 Sausage Biscuit or Grits & Sausage

Choose One:
Breakfast for Lunch
Mini Cheese Calzones
Chef Salad
Chicken Caesar Wrap
Choose: Marinara Cup
Deli Roasted Potatoes
Leafy Green Side Salad

15 Sunshine Omelet Wrap

Choose One:
Beef or Pork Tacos
Max Cheese Sticks
Chef Salad
Chicken Caesar Wrap
Choose: Marinara Cup
Refried Fiesta Beans
Leafy Green Side Salad

29 Bacon, Egg & Cheese Pizza

Choose One:
Beef Rib B Q Sandwich
Cheese Stick & Toasted Ravioli Boat
Chef Salad
Chicken Caesar Wrap
Choose: Marinara Cup
Sweet Potato Waffle Fries
Leafy Green Side Salad

Friday

2 Breakfast Chicken Nibbler

Choose One:
Pizza
Wild Alaskan Ocean Treasure
Fish Nuggets w/ Roll
Chicken Caesar Salad
Turkey & Cheese Ciabatta Sandwich
Choose: Mashed Potatoes
Fresh Veggie Dippers

9 Brkfst Bowl (Cheesy Eggs & Tots)

Choose One:
Pizza
Cheesy or Spicy Fish Filet Sandwich
Chicken Caesar Salad
Turkey & Cheese Ciabatta Sandwich
Choose: Corn Niblets
Fresh Veggie Dippers

16 Apple Cinnamon Texas Toast

Choose One:
Pizza
Teriyaki Chicken Bowl
Chicken Caesar Salad
Turkey & Cheese Ciabatta Sandwich
Choose: Green Beans
Fresh Veggie Dippers



30 Breakfast Chicken Nibbler

Choose One:
Pizza
Wild Alaskan Ocean Treasure
Fish Nuggets w/ Roll
Chicken Caesar Salad
Turkey & Cheese Ciabatta Sandwich
Choose: Mashed Potatoes
Fresh Veggie Dippers

THANKSGIVING BREAK